

Traumatology Institute (Canada) Training & Development Inc.



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Traumatology Institute Training Curriculum

The Traumatology Institute is proud to offer our **CLINICAL TRAUMATOLOGIST “Intensive” Training Certificate Program**

This program is designed for professional care-providers who offer clinical and counseling services for trauma survivors or wish to gain the skills to do so. This skills-based program provides participants with a comprehensive framework for survivor needs, assessment, and treatment through the trauma recovery cycle as well as addressing care for the caregiver.

Background/Purpose

Crises and traumatic events, including acts of violence and terrorism, accidents, and natural disasters are being reported in the media on a daily basis. Fortunately, there is an increased recognition of the suffering associated with such events and a growing awareness of how to respond with sensitivity and effectiveness to assist and empower individuals and communities in need. This Certificate Program provides theoretical knowledge, and practical skill-development opportunities that highlight "best practices" in trauma intervention.

Training Curriculum Courses* (for more details visit www.psychink.com or e-mail: info@psychink.com)

Clinical Traumatologist “Intensive” Course Requirements

- TI-101/1001: Field Traumatology – OPTIONAL (face to face or on-line)
- TI-202: Overview of Trauma Assessment & Interventions
- TI-203: Standards of Trauma Care: Attachment, Systems & Context
- TI-204: Tools for Trauma: A Cognitive Behavioral Approach
- TI-205: Group Approaches with Trauma Survivors - Clinical
- TI-206: Group Supervision in Clinical Traumatology
- TI-207: **Compassion Fatigue Specialist Training (Therapist Designation)**

Program Designations:

Clinical Traumatologist: Designed for health care professionals who have a minimum of a Master’s degree completed or an M.A. in progress, related to a clinical or counseling field. Successful completion of the following courses (or equivalencies) is required for certification: TI-202 - 207.

Compassion Fatigue Specialist - Therapist: Designed for mental health care professionals with a minimum of a Master’s degree. Based on the Accelerated Recovery Program (ARP) for Compassion Fatigue, this program trains professionals to offer the unique five-session individual care ARP model to those directly impacted as a result of their work with traumatized/troubled clients.

Field Traumatologist: First responders (e.g., fire/rescue, emergency medical services, law enforcement, etc.) mental health and health care professionals will benefit from this comprehensive course. To receive this designation, TI-101 is an entry-level program. No pre-requisites required.

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Clinical Traumatologist

Program Outline – for more details on any training program below contact us at info@psychink.com

Course #101/1001 – Field Traumatology – OPTIONAL

Both didactic and experiential, this course explores the knowledge and skills needed to respond to the emotional trauma associated with natural or human-caused disasters and crisis. Topics include warning signs, recovery stages, fitting interventions to client needs, the new Educate, Assess and Refer (EAR) Field Trauma Response model, Reactions and Response to CBRN Terrorism, steps to lessen crisis impact, utilization of community resources for prevention and resolution. Compassion Fatigue risk factors, symptoms and prevention/self-care strategies and Emergency Site Management System will also be addressed.

Course #202 – Overview of Assessment & Interventions (7 hours)

Covers clinical interventions, assessment approaches, research, theory and practical applications to help the traumatologist assist clients. Materials focus on how to conduct assessments that might contribute to a professional diagnosis. Participants learn to distinguish between normal and distressed behavior, handle cases with skill, and minimize negative impact upon the client and family.

Course #203 – Standards of Trauma Care: Attachment, Systems & Context (7 hours)

Develops understanding of the practical applications of the traumatology skills, research, and theory among individuals and communities grossly affected by trauma. The course examines age, gender, race, culture, social class, systemic issues, community standards of care, and other factors that are important in designing and implementing programs to fit client needs with appropriate treatment.

Course #204 – Trauma Practice: Tools for Stabilization & Recovery (14 hours)

Provide both novice and advanced trauma therapist with the knowledge and skills necessary to utilize Cognitive Behavioral Therapy (CBT) in treatment of trauma survivors. In addition to presenting a didactic foundational understanding of the theoretical tenants of CBT, this course provides experiential training in many of CBT's most effective techniques, including: Reciprocal Inhibition, Stress Inoculation Training, Systematic Desensitization, Exposure Therapy, Cognitive Processing Therapy, Behavioral Rehearsal and Relaxation Training. Treatment applications will be framed within a Tri-Phasic model. "Trauma Practice: Tools for Stabilization & Recovery (2005)" will be provided with enrolment in this course.

Course #205 – Group Approaches with Trauma Survivors: Clinical (14 hours)

Explores clinical models of interventions for trauma survivor groups, including approaches with recovery and personal awareness components. Various types of program promotions and intake/admission procedures will be addressed.

Course #206 – Group Supervision in Clinical Traumatology (21 hours)

Offers a forum for participants to practice and demonstrate proficiency in clinical traumatology skills under supervision. The practicum is offered in a workshop format designed to challenge and to help participants grow into competent providers of care for traumatized individuals, families, organizations and communities.

Course #207 – Compassion Fatigue Specialist Training (14 hours)

A two-day intensive Compassion Fatigue didactic and experiential resiliency program developed for the caring professional. This course is designed to provide professionals with in-depth understanding of Compassion Fatigue & recovery interventions using the Accelerated Recovery Program (ARP) (Gentry, Baranowsky & Dunning, 1997). This course provides all the tools necessary to implement the five-session ARP protocol for assisting professionals who have become compassion fatigued.

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TRAINING SCHEDULE DATES

Select Desired Courses Here

- Course # 1001:** Field Traumatologist –Online Option
Dates: To be announced.
Fees: visit www.psychink.com for on-line course registration & fee detail updates.

- Courses #202-206:** CORE Clinical Traumatologist Curriculum – 9 - days
Dates: Jan. 10-11; Feb. 21-22; Mar 21-22; May 29-30-31, 2009.
Course runs 9:30 am to 4:30 pm. Approximately 63 hours over 9 training days.
Fees: \$1,435.00 includes 4 manuals, copy of Trauma Practice, and TI Certificate of Completion following completion of courses 202-206 plus 207 (see below for 207).
Please note that course 207 requires separate registration and fees.

- Courses #204:** Trauma Practice: Tools for Stabilization & Recovery – 2-days
Dates: Feb. 21-22, 2009. Course runs 9:30 am to 4:30 pm over 2 consecutive days.
Fees: \$425.00 (*those signed up for the CORE Clinical Traumatologist Curriculum do not pay extra for this course; it is included in the fees above). Course includes a copy of “Trauma Practice” and TI Certificate of Completion.

- Course #207:** Compassion Fatigue Specialist – 2-days
Dates: April 25-26, 2009. Course runs 9:30 am to 4:30 pm over 2 consecutive days.
Fees: \$455.00 includes 3 manuals & 2-CD’s and TI Certificate of Completion.

Admission Requirements

Certificate Program candidates must have:

- 1) A graduate degree in a related clinical/counseling field; OR current enrolment in a graduate program at a recognized university; OR 4 years counseling experience with ongoing supervision.
AND
- 2) Current work or volunteer position in a related field or enrolment in a clinical placement/ internship. Permission of the Director is needed for those who do not meet these requirements.

For more details about any program listed in the curriculum contact us directly at

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Anna B. Baranowsky, PhD, CPsych, Executive Director, Traumatology Institute (Canada), psychologist in private practice specializing in trauma assessment and therapy. She serves on the Board of Directors for the Academy of Traumatology’s Commission on Certification & Accreditation. She has been recognized by the American Academy of Experts in Traumatic Stress with Diplomat status and is a Board Certified Expert in Traumatic Stress. Her book “Trauma Practice” published in 2005 is now recognized as a “best seller” on David Baldwin’s Trauma Pages.

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REGISTRATION FORM

<p>Please register me for: Course Code(s) #: _____ Date(s): _____ Fees: _____</p> <p>Payable by Cheque or Credit Card to Traumatology Institute (Canada)</p> <p>VISA/MasterCard Total Amount: _____ Card No: _____ Expiry Date: _____ Authorized Signature: _____</p> <p>PLEASE PRINT Name: _____</p> <p>Highest Degree: _____</p> <p>Position: _____</p> <p>Organization: _____</p> <p>Address: _____</p> <p>City: _____ Province: _____</p> <p>Postal Code: _____</p> <p>Phone: _____</p> <p>Fax: _____</p> <p>E-mail: _____</p> <p>Mail or Fax form & fees to: Traumatology Institute (Canada) 45 Sheppard Ave E, Ste 419 Toronto, Ontario M2N 5W9 Phone: 416-229-1477 ext 335 Fax: 416-229-9882 Website: www.psychink.com E-mail: info@psychink.com</p>	<p style="text-align: center;">GENERAL INFORMATION</p> <p>Payments: All fees are payable in advance by cheque or VISA/MC, to Traumatology Institute and must accompany registration form. We suggest you register early, as space is limited. Please forward registration and payment to the address listed on the registration form. If paying by credit card a \$100.00 deposit is required. The balance will be charged approximately two-weeks prior to training.</p> <p>Letter of Confirmation: Upon receipt of your registration form and payment, you will be sent a letter of confirmation stating the time, date and location of the training seminar.</p> <p>Cancellation Policy: Cancellations received up to 14 days before the workshop are refundable less an administration charge of \$100.00. Substitutions may be made as well. If TI cancels a workshop, fees are fully refunded.</p> <p>Waiting Lists: We cannot always accommodate everyone who wishes to register as we keep class sizes small to ensure high quality training. We will notify you if spaces are filled and ask whether you would like to be placed on a waiting list. We may offer additional workshops as required.</p> <p>Online Courses: A combination of TI on-line and face-to-face course completions will be accepted for Certificates of Completion. Visit our website for updates on course availability.</p>
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Certification Requirements

The Traumatology Institute Training Curriculum is internationally recognized for its excellence and has partnered with the Academy of Traumatology's Commission on Certification & Accreditation (COCA). Students successfully completing the curriculum can apply for the COCA certification designation under special rates and practices. A separate application and fee is required.