

Traumatology Institute (Canada) Training & Development Inc.



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The Traumatology Institute is proud to offer our **CLINICAL TRAUMATOLOGIST “Intensive” Training Certificate Program**

This program is designed for professional care-providers who offer clinical and counselling services for trauma survivors or wish to gain the skills to do so. This skills-based program provides participants with a comprehensive framework for survivor needs, assessment, and treatment through the trauma recovery cycle as well as addressing care for the caregiver.

Background/Purpose

Crises and traumatic events, including acts of violence and terrorism, accidents, and natural disasters are being reported in the media on a daily basis. Fortunately there is an increased recognition of the suffering associated with such events and a growing awareness of how to respond with sensitivity and effectiveness to assist and empower individuals and communities in need. This Certificate Program provides theoretical knowledge and practical skill-development opportunities that highlight "best practices" in trauma intervention.

Training Curriculum Courses* (for more details visit www.psychink.com or e-mail: info@psychink.com)

Clinical Traumatologist “Intensive” Course Requirements

- TI-1001: Field Traumatology – Offered on-line at www.ticlearn.com
- TI-202: Overview of Trauma Assessment & Interventions
- TI-203: Standards of Trauma Care: Attachment, Systems & Context
- TI-204: Tools for Trauma: A Cognitive Behavioral Approach
- TI-205: Group Approaches with Trauma Survivors - Clinical
- TI-206: Supervision in Clinical Traumatology
- TI-207: **Compassion Fatigue Specialist Training (Therapist Designation)**

Program Designations:

Clinical Traumatologist: Designed for health care professionals who have a minimum of a Masters degree completed or an M.A. in progress, related to a clinical or counselling field. Successful completion of the following courses (or equivalencies) is required for certification: TI-202 - 207.

Compassion Fatigue Specialist - Therapist: Designed for mental health care professionals with a minimum of a Masters degree. Based on the Accelerated Recovery Program (ARP) for Compassion Fatigue, this program trains professionals to offer the unique five-session individual care ARP model to those directly impacted as a result of their work with traumatized/troubled clients.

Field Traumatologist: First responders (e.g., fire/rescue, emergency medical services, law enforcement, etc.) mental health and health care professionals will benefit from this comprehensive course. There are no pre-requisites for this program as Field Traumatology is an entry level course.

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Clinical Traumatologist

Program Outline – for more details on any training program below contact us at info@psychink.com

Course #1001 – Field Traumatology – *Optional for classroom students*

Both didactic and experiential, this course explores the knowledge and skills needed to respond to the emotional trauma associated with natural or human-caused disasters and crisis. Topics include warning signs, recovery stages, fitting interventions to client needs, the new Educate, Assess and Refer (EAR) Field Trauma Response model, Reactions and Response to CBRN Terrorism, steps to lessen crisis impact, utilization of community resources for prevention and resolution. Compassion Fatigue risk factors, symptoms and prevention/self-care strategies and Emergency Site Management System will also be addressed.

Course #202 – Overview of Assessment & Interventions (7 hours)

Covers clinical interventions, assessment approaches, research, theory and practical applications to help the traumatologist assist clients. Materials focus on how to conduct assessments that might contribute to a professional diagnosis. Participants learn to distinguish between normal and distressed behavior, handle cases with skill, and minimize negative impact upon the client and family.

Course #203 – Standards of Trauma Care: Attachment, Systems & Context (7 hours)

Develops understanding of the practical applications of the traumatology skills, research, and theory among individuals and communities grossly affected by trauma. The course examines age, gender, race, culture, social class, systemic issues, community standards of care, and other factors that are important in designing and implementing programs to fit client needs with appropriate treatment.

Course #204 – Trauma Practice: Tools for Stabilization & Recovery (14 hours)

Provides both novice and advanced trauma therapists with the knowledge and skills necessary to utilize Cognitive Behavioral Therapy (CBT) in treatment of trauma survivors. In addition to presenting a didactic foundational understanding of the theoretical tenants of CBT, this course provides experiential training in many of CBT's most effective techniques, including: Reciprocal Inhibition, Stress Inoculation Training, Systematic Desensitization, Exposure Therapy, Cognitive Processing Therapy, Behavioral Rehearsal and Relaxation Training. Treatment applications will be framed within a Tri-Phasic model. "Trauma Practice: Tools for Stabilization & Recovery (2005)" will be provided with enrolment in this course.

Course #205 – Group Approaches with Trauma Survivors: Clinical (14 hours)

Explores clinical models of interventions for trauma survivor groups, including approaches with recovery and personal awareness components. Various types of program promotions and intake/admission procedures will be addressed.

Course #206 – Supervision in Clinical Traumatology (14 hours)

Offers a forum for participants to practice and demonstrate proficiency in clinical traumatology skills under supervision. The practicum is offered in a workshop format designed to challenge and to help participants grow into competent providers of care for traumatized individuals, families, organizations and communities.

Course #207 – Compassion Fatigue Specialist Training (14 hours)

A two-day intensive Compassion Fatigue didactic and experiential resiliency program developed for the caring professional. This course is designed to provide professionals with in-depth understanding of Compassion Fatigue & recovery interventions using the Accelerated Recovery Program (ARP) (Gentry, Baranowsky & Dunning, 1997). This course provides all the tools necessary to implement the five-session ARP protocol for assisting professionals who have become compassion fatigued.

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TRAINING SCHEDULE DATES

- ❑ **Course E-1001:** Field Traumatologist – On-line Option
Dates: Online training available on our website www.ticlearn.com
Fees: \$139.00 + tax; visit our on-line website for course registration & fee details

- ❑ **Courses TI-202-206:** CORE Clinical Traumatologist (CT) Curriculum – 8 days
Dates: Jan. 15-16; Feb. 12-13; Mar 26-27; May 28-29, 2011
Course runs 9:30 am to 4:30 pm.; approximately 56 hours over 8 training days
Fees: \$1,485.00 + tax, includes 4 manuals and 1 book, TI Certificate of Completion following completion of courses 202-206 plus 207 (*see below for 207; TI-207 requires separate registration and must be completed to receive the CT Certificate)

- ❑ **Course TI-204:** Trauma Practice: Tools for Stabilization & Recovery – 2 days
Dates: Feb. 12-13, 2011; Course runs 9:30 am to 4:30 pm over 2 consecutive days
Fees: \$475.00 + tax (*those signed up for the CORE Clinical Traumatologist Curriculum do not pay extra for this course; it is included in the fees above). Course includes a copy of the “Trauma Practice” book and TI Certificate of Completion

- ❑ **Course TI-207:** Compassion Fatigue Specialist – 2 days
Dates: April 30/May 1, 2011; Course runs 9:30 am to 4:30 pm over 2 days
Fees: \$495.00 + tax, includes 3 manuals, 2-CD training set & TI Certificate of Completion

Admission Requirements

Certificate Program candidates must have:

- 1) A graduate degree in a related clinical/counselling field; OR current enrolment in a graduate program at a recognized university; OR 4 years counselling experience with ongoing supervision. AND
- 2) Current work or volunteer position in a related field or enrolment in a clinical placement/internship. Permission of the Director is needed for those who do not meet these requirements.

For more details about any program listed in the curriculum please contact:

Maureen Gold, Training & Service Coordinator
416-229-1477 ext. 335
info@psychink.com

Anna B. Baranowsky, PhD, CPsych, is the Executive Director of the Traumatology Institute (Canada), and a psychologist in private practice specializing in trauma assessment and therapy. She serves on the Board of Directors for the Academy of Traumatology's Commission on Certification & Accreditation. She has been recognized by the American Academy of Experts in Traumatic Stress with Diplomat status and is a Board Certified Expert in Traumatic Stress. Her book “Trauma Practice” first published in 2005 is now a recognized best seller.

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REGISTRATION INFORMATION

<u>TO REGISTER</u>	<u>GENERAL INFORMATION</u>
<p>To register for our Core Clinical Traumatologist Training Program, please go to our website:</p> <p>www.psychink.com</p> <p>and click on the registration link 'Register now for in-class training'.</p> <p>You will be prompted to set up your student account, choose your course, submit your registration and pay by credit card through PayPal, a secure payment site.</p> <p>If you are unable to pay online, please contact us directly for assistance at info@psychink.com.</p> <p>Confirmation: Upon receipt of your registration and payment, you will receive an email confirming the time, date and location of the training seminar. You will also receive an email outlining the pre-workshop preparation materials required prior to attending TI-206 & TI-207.</p> <p>To contact us: Traumatology Institute 45 Sheppard Ave E, Ste 419 Toronto, Ontario M2N 5W9 Phone: 416-229-1477 ext 335 Fax: 416-229-9882 Website: www.psychink.com E-mail: info@psychink.com</p>	<p>Payments: All fees are payable in advance through our online registration system. We suggest you register early as spaces are limited.</p> <p>Cancellation Policy: Cancellations received up to 14 days prior to the workshop are refundable less an administration charge of \$100.00. Substitutions may be made for any other TI training course. If TI cancels a workshop, fees are fully refunded.</p> <p>Waiting List: We cannot always accommodate everyone who wishes to register. Please contact the Training Coordinator if the course is full and you would like to be placed on the waiting list. We will notify you if a space becomes available in the workshop. We convene additional workshops as required.</p> <p>On-line Courses: A combination of TI on-line and classroom course completions will be accepted for Clinical Traumatologist Certificates of Completion. Please contact the Training Coordinator at info@psychink.com if you would like to pursue this option. Visit our website for updates on course availability.</p>

Certification Requirements

The Traumatology Institute Training Curriculum is internationally recognized for its excellence and has partnered with the Academy of Traumatology's Commission on Certification & Accreditation (COCA). Students successfully completing the curriculum can apply for the COCA certification designation under special rates and practices. A separate application and fee is required.